

Frozen Cereal & Yogurt Bars

Ingredients

- 2 ¼ cups Quaker® Life® Chocolate Cereal, divided
- 2 cups reduced fat and sugar vanilla yogurt

How to make it

1. Coarsely crush 1/2 cup of the cereal.
2. Spray 8-by-8-inch baking pan or dish with nonstick spray.
3. Sprinkle 1 cup cereal over bottom of pan.
4. Top with even layer of yogurt.
5. Sprinkle remaining cereal over yogurt, pressing lightly into yogurt.
6. Freeze 1 hour or until firm.
7. Cut into bars.
8. Store covered in freezer.



PREP
TIME
10 min



COOK
TIME
0 min



TOTAL
TIME
10 min



SERVINGS
6

Made with



Life Cereal - Chocolate