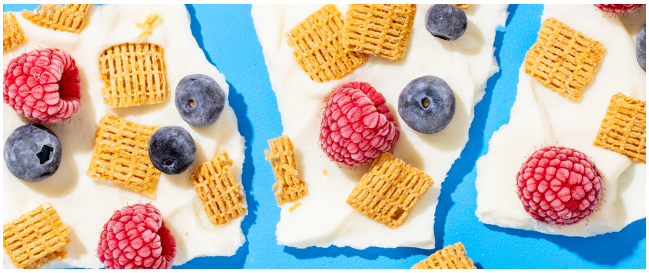
Life® Cereal Yogurt Bark



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	0 min (+ 3 hrs freeze)	10 min (+ 3 hrs freeze)	6

Ingredients

- 3 cups whole fat Greek yogurt
- 2 tbsp honey
- 1/2 tsp vanilla extract
- 1/2 cup Life Cereal - Original
- 1/2 cup fresh blueberries
- 1/2 cup fresh raspberries

How to make it

1. Start by prepping your pan. Lay a 13x18” baking sheet with parchment paper and set aside. If your freezer can’t fit that size then divide the recipe between 2 9x13” baking sheets.
2. Mix together the yogurt, honey, and vanilla extract. Spread it evenly over the baking sheet then evenly distribute the Life Cereal, blueberries, and raspberries. Freeze for at least 3 hours until the yogurt has frozen solid.
3. Carefully break up the yogurt bark and serve or store in the freezer in a container until you want a snack.

Made with

Life Cereal - Original