

Prize-Winning Meatloaf

Ingredients

- 1 ½ lbs lean ground beef
- 1 cup tomato juice or tomato sauce
- ¾ cup Quaker® Oats (quick or old fashioned, uncooked)
- 1 egg or 2 egg whites, lightly beaten
- ¼ cup chopped onion
- ½ tsp salt (optional)
- ¼ tsp black pepper

How to make it

1. Heat oven to 350°F.
2. In large bowl, combine all ingredients, mixing lightly but thoroughly. Press into 8 x 4-inch loaf pan.
3. Bake 1 hour to medium (160°F) doneness until not pink in center and juices show no pink color. Let stand 5 minutes; drain off any juices before slicing.



PREP
TIME
10 min



COOK
TIME
60 min



TOTAL
TIME
70 min



SERVINGS
8

Made with



Quaker® Oats-Old Fashioned