

# Snack'd Recipe: CHEETOS® FLAMIN' HOT® Cauliflower Wings



## Ingredients

- 1 head of cauliflower
- 1/2 cup milk
- 1/4 cup flour
- 1/4 cup CHEETOS® Crunchy FLAMIN' HOT® Cheese Flavored Snacks crushed
- 1/4 cup honey
- 1 tbsp water

## How to make it

1. Preheat oven to 425°F and line a baking sheet with parchment paper.
2. Crush the CHEETOS® in a food processor. Remove the stem and leaves from the cauliflower and cut into pieces. In a small bowl combine the milk, flour, and 2 tbsp of crushed CHEETOS®. Whisk together.
3. Dip the cauliflower in the mixture and then place on a baking sheet. Bake at 425°F for 20 minutes.
4. In another bowl, stir together the honey, 2 tbsp of crushed CHEETOS®, and 1 tbsp of water. Use a brush to brush this mixture over all the cauliflower wings. Then bake for another 10 minutes.
5. Serve alongside celery and some LAY'S® Smooth Ranch Dip for dipping and enjoy!

PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
10 min	30 min	40 min	2-3

## Made with



**CHEETOS® Crunchy FLAMIN' HOT®  
Cheese Flavored Snacks**