

Very Berry Overnight Oats

Ingredients

- 1/2 cup Quaker® Oats-Old Fashioned
- 1/2 cup low-fat milk
- 1/2 cup Greek yogurt
- 1 tsp chia seeds (optional)
- 1 cup fresh mixed fruit and berries

How to make it

1. Add Quaker® Oats to your container of choice and pour in milk.
2. Layer Greek yogurt, chia seeds and mixed fruit and berries.
3. Refrigerate overnight and enjoy in the morning!



PREP TIME	COOK TIME	TOTAL TIME	SERVINGS
5 min	0 min	5 min	1

Made with



Quaker® Oats-Old Fashioned